

CLINIQUE LA PRAIRIE

MONTREUX

MASTER DETOX



Discover our unique Detox program offering an innovative genetic test. A one-week retreat to reset mind & body, eliminate toxins and kickstart a healthier lifestyle.

OUR MEDICAL WELLNESS PROGRAM IS BASED ON 3 CORE PRINCIPLES

1. MEDICALLY CENTERED APPROACH

The most comprehensive medical care & supervision that a Detox program could offer.



Direct contact with our specialized physicians

- 1 medical check-up upon arrival
- medical supervision throughout the stay
- 1 final medical wrap-up with recommendations

Innovative Technologies

- Genetic testing

Developed by a Lausanne University Research Team, the test provides results within 5 days including: pathways to detox, nutrient absorption & elimination and potential cardiovascular risks.

- Heavy Metals Screening

The non-invasive and pain-free test provides mineral and heavy metal levels to understand potential over-exposure and recommend improvements.

- In-depth blood tests
- Body composition test

2. PERSONALIZED NUTRITION

Your personalized nutritional plan is developed to help eliminate toxins and cure deficiencies, based on your in-depth medical analysis.



- Adapted to dietary restrictions
- Created and supervised by dietitians
- Fresh, mainly local ingredients
- CLP Antioxydant Concentrate cure and Swiss Detox teas

3. RESULT-FOCUSED SPA WELLNESS

Accompanied by first class SPA treatments for rejuvenation in our award-winning spa («Best in 2016»).



- A series of result-focused treatments to relax, stimulate circulation and eliminate toxins stored in deep tissues.

“A detox is the perfect way to rebalance your body's homeostasis and stimulate your vitality.”

Dr. Claudine Mathieu, Medical Director