

BEAUTY PROGRAM

For thousands of years humans have been fascinated by beauty. Clinique La Prairie's Spa is a veritable haven of peace, offering a wide range of exclusive treatments to emphasise an individual's inner and outer beauty. It is an ideal place to re-energise, relax and recuperate and to shake off the burdens of everyday life.

OUR PROGRAM INCLUDES

- Six nights from Sunday to Saturday including full board
- Consultation and daily follow-up by the attendant doctor, and full nursing care
- A medical check-up: laboratory analyses, chest x-ray, ECG, abdominal ultrasound
- One screening for skin lesions
- Dietetic follow-up upon request
- One personalised advice at the Center for Aesthetic Medicine and the Beautymed Center
- One 30-minute personal training session
- Group fitness and aquagym classes
- Access to the fitness center, swimming pool, sauna, steam room and vitality pool
- Limousine services from/to the airport or train station
- All non-alcoholic beverages

TO BE COMBINED WITH ONE ADD-ON OF YOUR CHOICE

FACIAL BRIGHTENING

To improve the texture of your skin and boost collagen renewal so you emerge with a smoother and brighter complexion.

- One cellular brightening radiance facial treatment by Swiss Perfection
- Two high-tech redensifying facial treatments
- Two high-tech natural lifting facial treatments

BODY FIRMING & SMOOTHING

To help redefine your figure and reduce cellulite so you emerge looking more toned and firmer.

- One cellulite-control body treatment by Swiss Perfection
- Two high-tech contouring body treatments followed by two sessions of lymphatic drainages through pressotherapy
- Three high-tech remodelling body treatments followed by three sessions of cellular body photostimulation
- One cellulite-control massage



TONING FACE & BODY

To lift and firm your skin, smooth away lines and wrinkles, and achieve a more toned silhouette.

- One cellular exclusive lift concept facial treatment by Swiss Perfection
- One cellular firming body treatment by Swiss Perfection
- Three high-tech natural lifting facial treatments followed by three cellular facial photostimulation sessions
- Two high-tech contouring body treatments followed by two lymphatic drainages through pressotherapy sessions

REJUVENATING FACE & BODY

To nourish, hydrate and refine your skin, revitalise and reshape your body.

- One cellular hydrating rejuvenation facial treatment by Swiss Perfection
- One cellular firming body treatment by Swiss Perfection
- Two high-tech redensifying facial treatments
- Two high-tech redensifying body treatments

PURIFYING FACE & BODY

To even out your complexion, and to purify and energise your body.

- One cellular purifying control facial treatment by Swiss Perfection
- One cellular detoxifying body treatment by Swiss Perfection
- Two high-tech redensifying facial treatments
- Five high-tech remodelling body treatments followed by five cellular body photostimulation sessions

MEN FACE & BODY

For men who want to feel and look their best, the beauty program includes :

- One cellular back purity treatment by Swiss Perfection followed by one session of cellular body photostimulation
- One cellular skin cleanse facial treatment by Swiss Perfection followed by one session of cellular facial photostimulation
- Five personal training sessions
- Three 60-minute high-touch treatments of your choice

ADDITIONAL TREATMENTS WE RECOMMEND AT OUR DERMATOLOGY CENTER - NOT INCLUDED IN THE PACKAGE

CELLULAR MESO CURE TREATMENT

This facial procedure reduces and prevents wrinkles and is suitable for skins of any age.

FRACTIONAL LASER TREATMENT

Designed to quickly and easily treat mild to moderate wrinkles or skin conditions such as pigmented lesions

THERMAGE TREATMENT

To stimulate existing collagen and make your skin smoother, firmer and more youthful.

